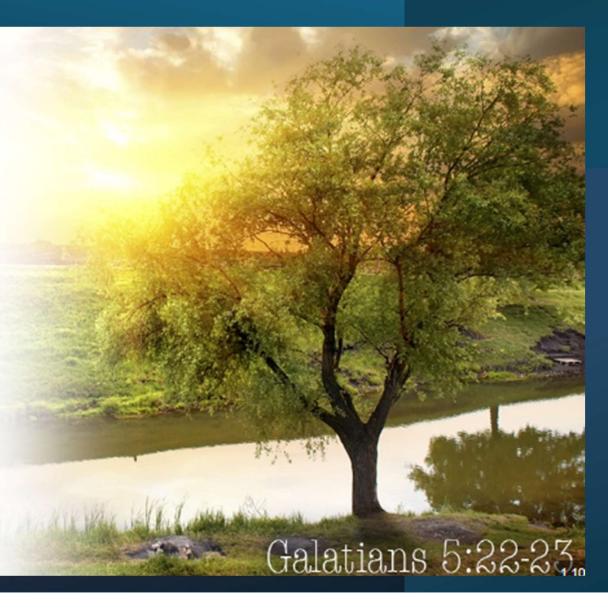


THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS, SELF-CONTROL. AGAINST SUCH THINGS THERE IS NO LAW.

- GALATIANS 5:22-23 -

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.



Makrothymia

makro – long thymia - anger

oxythymia – sudden anger



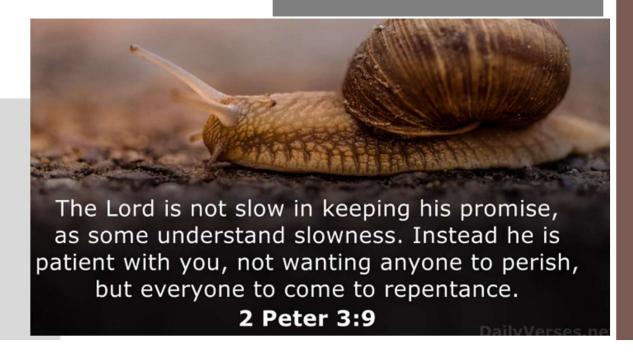




encourage the fainthearted, help the weak, be patient with them all 1 THESS. 5:14

Be completely humble and gentle; be patient, bearing with one another in love. Ephesians 4:2

The LORD is compassionate and gracious, slow to anger, abounding in love. Psalm 103:8





Heroes of faith and patience!

Noah waited 120 years while building a boat before the flood came.

Abraham waited 25 years for God's promise of a son

Jacob waited 20 years until he was out from under Laban's thumb. Joseph waited 13 years for the fulfillment of his God-given dream.

Moses waited 40 years until it was God's time for him to rescue Israel.

David waited 12 years from the time he was anointed until he was crowned.

WAITING ON

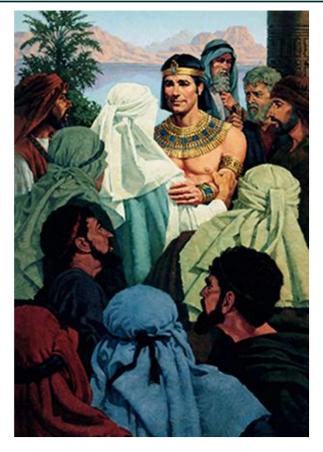
Patience allows us to wait for God!

James 1: ² Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, ³ because you know that the testing of your faith produces perseverance. ⁴ Let perseverance finish its work so that you may be mature and complete, not lacking anything.

Patience allows us to endure trials!

Hebrews 3: 36 You need to persevere so that when you have done the will of God, you will receive what he has promised.

Patience allows us to extend forgiveness!

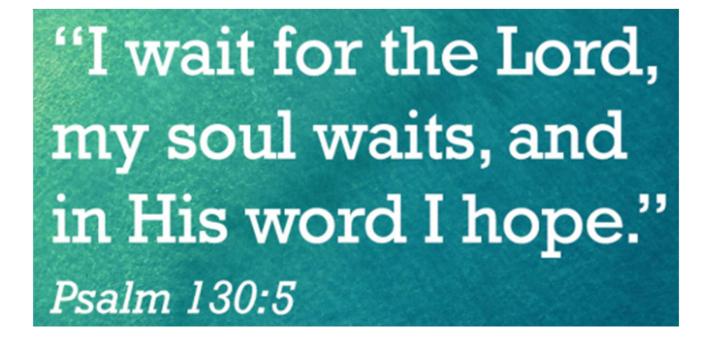


Genesis 50 : 19 But Joseph said to them, "Don't be afraid. Am I in the place of God? 20 You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.

Focus on who Jesus is!



Focus on what Jesus has said!



Focus on what Jesus did!



Think of the examples of patience in those who've gone before us!



Romans 12:12 ¹² Be joyful in hope, patient in affliction, faithful in prayer.

